



# KSC Newsletter

## Growth Mindset Leaders

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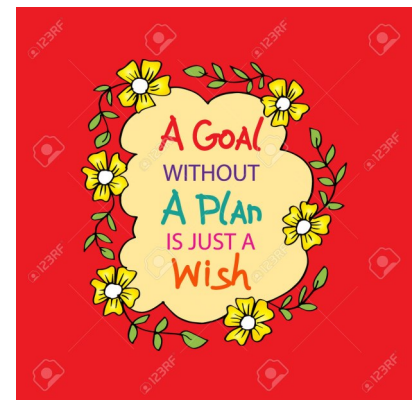
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February's Growth Mindset theme is "A goal without a plan is just a wish."

People who adopt a growth mindset set short term and long term goals for themselves with actionable steps to achieve them. They also continuously develop new strategies to overcome any obstacles they may have faced in trying to achieve these goals. They analyze what they could have done differently and don't let setbacks stop them.

### Leadership Recognition

Mrs. B. Kaur (KG-A) - Sachet Virk  
Ms. French (KG-B) - Udayvir Gill  
Ms. N. Sandhu (KG-C) - Sahara Gidda  
Mrs. P. Sandhu (KG-D/1D) - Binaypal Gill  
Ms. G. Sandhu (Gr.1A) - Suhavi Tatla  
Mrs. Khatri (Gr.1B) - Gursehaj Singh  
Ms. Konovalova (Gr.1C) - Gurmehar Kaur  
Mrs. Zaseybida (Gr.2A) - Riaaz Sidhu  
Mrs. Aujla (Gr.2B) - Samar Bal  
Ms. Kaler (Gr.2C) - Parineet Sidhu  
Ms. Brar (Gr.3A) - Mehar Bhatti  
Ms. Khehra (Gr.3B) - Sukhman Doad  
Mrs. Dhanjal (Gr.4A) - Anmol Sahota  
Mr. Hill (Gr.4B) - Pavit Ghuman  
Mrs. Parhar (Gr.5A) - Manvir Roop  
Ms. Thompson (Gr.5B) - Udeyveer Chahal  
Mrs. S. Sandhu (Gr.5C) - Veerjot Khela  
Mrs. Richards (Gr.6A) - Jasmeet Gill  
Mrs. Kahlon (Gr.6B) - Parmit Aujla  
Mrs. Hasni (Gr.6C) - Mehreen Sekhon  
Mrs. Bedi (Gr.7A) - Puneet Dhillon  
Mrs. Obhi (Gr.7B) - Divjot Batra  
Ms. Hoang (Gr.8A) - Prabhgun Kaur  
Ms. Jones (Gr.8B) - Eshan Sran  
Mrs. S. Kaur (Gr.8C) - Agamjot Dhaliwal  
Mrs. Brar (Gr.9A) - Arjun Bhatti  
Mrs. Aulakh (Gr.9B) - Ishnoor Gill  
Ms. Bains (Gr.9C) - Sukhmani Sanghera



# Principal's Message

## 2024-2025 Registrations

At Khalsa School Calgary students, staff, parents and the community are proud to be one team, with one vision – to build and sustain a culture of excellence in all aspects of our educational enterprise. We regularly welcome feedback from all parents and we have been working on implementing many of the suggestions for continued improvement. Registration packages for returning families must be returned by Wednesday, February 14th, 2024. Please return the registration package along with the school fee payments by the deadline to ensure your child's continuing enrollment and prevent them from being put on the wait list. Registration for our full-day Kindergarten program is now underway. After February 14th, registration will be open for new students in grades 1 through 9.

### Division 1 Report Card Improvements

Some of you will notice added detail to the Division 1 report card this year. We are happy to inform you about improvements we have made to your child's report card, which will provide better insights into their progress and how to best support them.

This year we have added an 'Executive Functioning Skills' section. These specific skills are the ones that empower students to effectively organize their thoughts, emotions, and attention span. Essentially, they are the skills students need in order to learn.

We have also added categories to the Language Arts section for grade 1-3 students. This will again provide you with more insight and aligns with the new Alberta curriculum. We hope to add categories to the other core subjects in the following year.

Thank you for your continued trust in our school community and we look forward to another successful semester.

The links below provide additional information about Executive Functioning Skills and how to support your child's development:

- [Activities to Develop Executive Functioning Skills at Home from Centre of the Developing Child at Harvard University](#)
- [Helping Kids who Struggle with Executive Functioning Skills from the Child Mind Institute](#)
- [Executive Function brochure by Pathways.org \(image above obtained from this site\)](#)

**Executive Function Basics**

**What is executive function?** A combination of motor, sensory, communication, and cognitive skills used to learn, play, and socialize

**When do we use executive function skills?**

- Begin developing as a newborn
- Applied when we learn information and use it to complete a task

**What are some of the tasks executive function helps with?**

- Completing homework and chores
- Finishing a project

**What are some ways you can help?**

- Playing with friends and having control over emotions
- Asking for help and alerting others when needed
- Getting to work and school on time

**Download the Executive Function Brochure to learn more!**

Click this image or visit [pathways.org/print/executive-function-brochure](https://pathways.org/print/executive-function-brochure)

## Healthy Hunger - Fun Snack

The fun snack for this month will be Kernels popcorn on February 1st! If you ordered this for your child(ren), their popcorn will be delivered directly to their classroom.

If you have not done so already, you can join the fun for next month and sign up at [www.healthyhunger.ca](http://www.healthyhunger.ca). If you are new to Healthy Hunger, you will need to register your child(ren) through the homepage.



## Pink Shirt Day

Pink Shirt Day is a special day dedicated to raising awareness about bullying and promoting kindness and inclusion. It's a day when we all come together to show our support for a safe and positive school environment.

This year, Pink Shirt Day falls on February 28, 2024. At KSC, we are working to create a supportive community and raise greater awareness around issues like bullying. To join in on this initiative, we are asking that students and staff come to school wearing pink shirts.



# Science Fair

Khalsa School Calgary will be holding its annual Science Fair from Feb 6<sup>th</sup> to 7<sup>th</sup> for division II and III students. The selected students from grade 4 to 9 will be showcasing their experimental, research, and innovation projects.

The students' projects will pass through Stage 1 and Stage 2 before they are nominated for the Calgary Youth Science Fair.



**Plagiarism** - All projects that are plagiarized will be **disqualified** from entering CYSF and stage 2 of the judging processes.

**Stage One** - The students will be presenting their science fair project digitally to their respective science teacher in the week of **Jan 29 to Feb 1**. The top five projects will be selected by their teacher to go for further judging. Students who are not present for their science fair presentation will be disqualified from getting an award. If such unfavorable circumstances arise that the student is not able to present during the week of Jan 29 to Feb 1 they will need to make arrangements with their science teacher to present at another time.

**Stage Two** - Top five projects from each class will get judged digitally during the Science Fair scheduled on **Feb 6th and Feb 7th**. We will have a team of teachers and volunteers with science backgrounds to judge these projects.

| Judging Date | Classes                                  |
|--------------|--|
| February 6   | Grade 9A, 9B, 9C, 8A, 8B, 8C, 7A, and 7B |
| February 7   | Grade 4A, 4B, 5A, 5B, 5C, 6A, 6B, and 6C |

*Parents are welcome to come view the projects in person from 10:45 am - 12:00 pm on both of the days. It is requested that parents park vehicles outside the parent parking lot fence or on the road entering the parent parking lot.*

**Stage Three** - The top projects from Grade 5 to 9 will be entered in the **Calgary Youth Science Fair** scheduled on **April 11, 12 and 13th**. Students will make trifold upon reaching this stage. As we have a limited quota, only five projects can be nominated from grade 5 and 6, and six projects from grade 7 and up. The students will receive guidance from their science teachers in the months of February and March.

# Science Fair



## Calgary Youth Science Fair:

This event will be held at the University of Calgary and one teacher from division two and one from division three will attend if permitted by CYSF.

*Please mark your calendar for some important dates:*

**February 9** - CYSF Project registration will close

**March 15** - CYSF Online Projects must be complete and students will lose access to their projects for editing

**April 11-** CYSF Project Set-Up (Trifold set up, no experiment set up)

**April 12-** CYSF Judging Day

**April 13-** CYSF Medal and Award Ceremony

Please do not hesitate to contact your child's science teacher if you have any questions. Thank you.

Best wishes,

**KSC Science Fair Committee**

## Art Fair

We're excited to share some fantastic news with you about our upcoming Art Fair fundraiser! This special event is happening in March, alongside the Parent-Teacher Conferences. The Art Fair is not your typical gathering—it's a lively celebration of creativity and talent.

Our students are getting ready to display their artistic skills and even have the chance to sell their creations. The Art Fair promises to be a fantastic showcase of imagination and innovation, and we're eager to see your children's creativity in full bloom!

But it's not just about the event itself; it's about the journey leading up to it. In the next few months, our devoted teachers and enthusiastic students, from Kindergarten to 9th grade, will be putting their hearts and souls into their art projects. Get ready for a stunning variety of creations, including paintings, sketches, origami, bracelets, fairy jars, and many other breathtaking projects.

Come along on this exciting journey as we nurture and celebrate the artistic talents of our amazing students. Let's make the Art Fair a spectacular and unforgettable experience for everyone!

Save the date for **March 7th and 8th**. We look forward to seeing you there!



# February

| Sunday | Monday   | Tuesday                                | Wednesday                                | Thursday                             | Friday  | Saturday |
|--------|--|--|--|--------------------------------------|---|----------|
|        |  |  |  | 1                                    | 2<br>Groundhog Day<br>Bana Day                | 3        |
| 4      | 5<br>Full Uniform                                    | 6<br><b>Div 2 &amp; 3 Science Fair</b> | 7  | 8                                    | 9<br>Vadda Ghallughara<br>Bana Day            | 10       |
| 11     | 12<br>Baba Ajit Singh Ji Janam Divas<br>Full Uniform | 13                                     | 14<br>Valentines Day<br>Pink and Red Day | 15<br>No School                      | 16<br>No School<br><b>Teachers Convention</b> | 17       |
| 18     | 19<br>Family Day<br>No School                        | 20                                     | 21                                       | 22<br>Guru Har Rai Sahib Ji Parkaash | 23<br>Casual Day                              | 24       |
| 25     | 26<br>Full Uniform                                   | 27<br>PAC Meeting                      | 28<br>Pink Shirt Day                     | 29                                   |   |          |