# KSC Newsletter Principal's Message

Wahe Guru Ji Ka Khalsa, Wahe Guru Ji Ki Fateh,

Dear Khalsa School Calgary Family,

On behalf of our Khalsa School Calgary school staff we would like to welcome back all our families to a brand-new school year. We hope all our students have experienced a safe and enjoyable summer and are excited to return to school. We will be regularly communicating news and updates with our newsletter emailed monthly, as well as regular communication from the teachers. In addition to homeroom teachers, students can receive the support and assistance of our Student Success team. The Student Success team consists of our admin team, education assistants, and our resource teacher.

Clear and regular communication is important for all our students to have a positive experience at Khalsa School Calgary. If a parent has a concern regarding their child, it is important this concern is shared with the teacher directly as the first point of contact. Teachers can be reached at school through the main office before or after school. Teachers can also be reached via their school email. Teachers are not available during instructional time. We also have multiple opportunities for parents to engage with teachers during parent-teacher conferences throughout the year.

An often overlooked but crucial factor in a student's success at any grade level is their work habits. At Khalsa School, we emphasize the importance of developing strong work habits, and teachers regularly communicate student progress through conferences and progress reports. To help your child stay engaged in their learning, we recommend establishing routines early in the school year. This includes ensuring they get enough sleep, have regular healthy meals, and engage in daily exercise. Additionally, it's beneficial to set clear boundaries on the use of personal technology devices. Increasing research indicates that excessive use of these devices can negatively affect a student's attention span and memory retention.

Effective September 1, 2024, Alberta schools will be implementing personal device policies to reflect alignment with the ministerial order (Read the Ministerial Order and learn more here: <u>www.alberta.ca/cellphone-use-in-schools-engagement</u>) Fortunately, our school standards on the use of cellphones and on student technology already aligns with most of the new ministerial order. A detailed outline of the KSC policy on personal devices will be coming out in the coming week.

For any further questions, please refer to the Parent Handbook, which can be accessed through the copy emailed to parents, available on our school website, or feel free to reach out to us.

As we enter the 2024-25 school year, we wish to thank you for entrusting us with your children at Khalsa School Calgary. With your continued support, we look forward to working alongside you to ensure your child has a positive experience and successful school year ahead.

Best regards,

Mrs. Zaseybida

#### Leave A Legacy Friday, September 6th



Khalsa School Calgary's Leave A Legacy Day celebration is a joyous occasion, marking the beginning of the new school year. It's a time when students come together, strengthening friendships, and extending warm welcomes to newcomers. This event not only fosters a sense of unity and school pride, but also nurtures a



positive learning environment. This year's festivities promise to be full of fun and excitement for all our KSC students, spanning from kindergarten to grade 6. We're thrilled to announce that we'll have special guests, captivating entertainment, and engaging activities lined up to convey our deep care for our students and ensure their day is truly unforgettable.

# Picture Day Monday, September 23rd

All students are required to dress in their complete uniform, including ties and sweater vests. These pictures will include both class pictures and individual photos.



Terry Fox School Run

Terry Fox Run Friday, September 27th

This September Khalsa School Calgary is participating in the Terry Fox School Run. We are standing with Terry and millions of other Canadians in the fight against cancer. The Terry Fox Committee will be sending out more information later this month, so keep your eyes posted for additional information. Students should wear casual, active attire on this day!

# National Day for Truth and Reconciliation Monday, September 30<sup>th</sup> No - Classes



Each year, September 30th marks the National Day for Truth and Reconciliation. Khalsa School Calgary will be **closed** on this day, as we all are encouraged to use September 30th as a day to reflect on reconciliation and to recognize the legacy of residential schools. On October 1<sup>st</sup>, KSC will honor Every Child Matters and **Orange Shirt Day**, as our students will learn about the history of residential schools. Orange Shirt Day order forms will be sent home later this month.

#### REMINDERS



The safety of the students is a priority! When dropping off or picking up your child please **be mindful of your speed in the parking lot.** Also, the school is aware that the parking lot is short on space. As we work to make enhancements to the parent parking lot over the next few weeks, please ensure you are **parking properly in the stalls** to ensure you are allowing space for another car in the stalls beside you.

NO PARKING ANY TIME

The parking lot at the front of the school is for staff and bus access only.

Parents, please refrain from entering the front parking lot between the hours of **7:30-8:15am** and **2:30-3:30pm**.



### **Nut Free Policy**

Please note that we have several students and staff at Khalsa School Calgary who have **severe food allergies to peanuts and nuts**. It is important that there is a strict avoidance to prevent a life-threatening allergic reaction. We are asking for your help to provide all our students and staff with a safe school environment. To help reduce the chance of a life-threatening allergic reaction from occurring, we ask that you **do not** send your child to school with products containing **peanuts or nuts**.

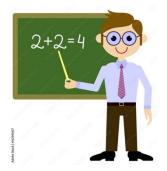


The best way to determine if snacks are allergy-free is to read the label. Be aware of phrases like this:

#### "May Contain Peanut or Tree Nuts."

"Processed on shared equipment with Peanuts or Tree Nuts." "Manufactured in a plant with Peanut or Tree Nuts." "Contains Peanut or Tree Nut Ingredients." Th

Thank you for your support with this procedure.



#### Classes Are Underway!

Teachers have prepared diligently to prepare for their students and classes are well underway. Class lists have been finalized and **no changes to homerooms** will be accepted.



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
	Labour Day		1st Prakash Sri Guru Granth	Gur Gaddi-Guru Arjan Dev Ji	Joti Jot-Guru Ram Das Sahib Ji	
	School Closed		Sahib Ji		Leave A Legacy Day for all Kindergarten to Grade 6 Students	
					Casual Day	
8	9	10	11	12	13	14
	Full Uniform				Bana Day	
15	16	17	18	19	20	21
	Gur gaddi-Guru Ram Das Ji		Joti Jot-Guru Amar Das Ji (450th			
	Full Uniform		Commemoration)		Bana Day	
22	23	24	25	26	27	28
Gur Gaddi- Guru Angad Dev Ji	School Picture Day				Joti Jot-Guru Nanak Dev Ji	
					Terry Fox Run	
	Full Uniform				Casual Day	
29	30					
	National Day for Truth and Reconciliation					
	School Closed					