



KSC Newsletter

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Growth Mindset Leaders

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November's Growth Mindset theme is "My brain is a muscle and I want to grow it!"

"Success is not final, failure is not fatal: It is the courage to continue that counts." (Winston Churchill)

Below are the students recognized for taking on challenges and difficult learning tasks with a growth mindset. These individuals tend not to worry about being judged if they fail at a task or challenge. They show their vulnerability and are open to new challenges.

Leadership Recognition

- Ms. Mann (KG-A) - Samreet Kaur
- Ms. Dhugga (KG-B) - Raavi Januha
- Ms. N. Sandhu (KG-C) - Rehmat Kaur Gill
- Ms. Sandhu (KG-D) - Rianveer Chakkal
- Ms. Sandhu (Gr.1A) - Seerat Dhillon
- Ms. French (Gr.1B) - Gurmehar Khinda
- Ms. Daupan (Gr.1C) - Mannat Brar
- Ms. Konovalova (Gr. 1D) - Angad Singh
- Ms. Aujla (Gr.2A) - Sachet Virk
- Ms. Huang (Gr.2B) - Shaan Butter
- Ms. Kaur (Gr.2C) - Ashmine Grewal
- Mr. Kovalchuk(Gr.3A) - Gurdit Sahota
- Ms. Khehra (Gr.3B) - Angad Randhawa
- Ms. Khatri (Gr. 3C) - Tanmeet Kaur
- Ms. Dhanjal (Gr.4A) - Kaveer Samra
- Mr. Miles (Gr.4B) - Sahibjot Sidhu
- Ms. Sharma (Gr. 4C) - Angadjot Singh
- Ms. Sethi (Gr.5A) - Abhay Sran
- Ms. Y. Sandhu (Gr.5B) - Sohun Singh Sandhu
- Ms. S Sandhu (Gr.6A) - Kabir Aulakh
- Ms. Sahota (Gr.6B) - Kaytia Saroya
- Ms. Bedi (Gr.7A) - Seerat Dhaliwal
- Ms. Obhi (Gr.7B) - Ekta Pander
- Ms. Jones (Gr. 7C) - Emaan Sidhu
- Ms. Kahlon (Gr.8A) - Manjot Kaur
- Ms. Singh (Gr.8B) - Bhavneet Tother
- Ms. Richards (Gr.8C) - Seerat Gill
- Ms. K. Brar (Gr.9A) - Brahmjot Jhajj
- Ms. Aulakh (Gr.9B) - Sargun Sidhu



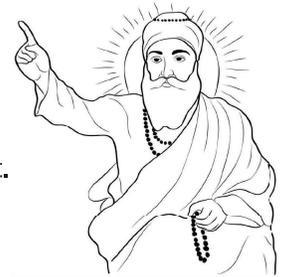
Principal's Message

Waheguru Ji Ka Khalsa, Wahe Guru Ji Ki Fateh

It is hard to believe that we are already in the month of November. I would like to sincerely thank all of our families for your continued support and partnership in your child's learning. Working together as a team is what allows our students to grow, feel supported, and reach their highest potential.

Guru Nanak Dev Ji Gurburab

We would like to remind our Khalsa School families that Wednesday, November 5th will be a day off for all students and staff in recognition of Guru Nanak Dev Ji's Gurburab. This is a valuable time to reflect on Guru Nanak Dev Ji's teachings of equality, compassion, humility, and selfless service, and to spend time at the Gurdwara with your families. Our Guru Nanak Dev Ji celebration at Khalsa School will take place on Friday, November 21st. Please watch your email for the official invite and program outline closer to the event.



Morning Punctuality & Attendance

We have been noticing a growing number of students arriving late in the mornings. As a reminder:

Entry Bell: 8:10 AM
Announcements: 8:15 AM
Classes Begin: 8:25 AM

Arriving on time is extremely important. When students walk in late, they miss key morning routines, announcements, and the opportunity to start their day calmly and confidently. A rushed start can affect their focus, participation, and academic success especially on days when there are quizzes, exams, literacy activities, or morning learning blocks.

We kindly ask all parents to support us in building good lifelong habits by ensuring your child arrives to school on time, ready to learn. If we continue to see continued lateness, the school will begin contacting parents directly as part of our attendance follow-up process. Together, let's set our students up for success by giving them the best start to their school day.



Staff Update

We would like to extend our heartfelt congratulations and warm wishes to Mrs. Parmvir Kaler, who will be beginning her maternity leave. Her last working day with us was October 31st, and we wish her health, happiness, and a beautiful journey ahead as she welcomes her little one.

We are also pleased to welcome Mrs. Sarbjit Jawandha to our staff as Mrs. Kaler's replacement. Mrs. Jawandha has previously worked with Khalsa School and brings valuable experience, dedication, and a deep passion for student learning. Many of you may remember her from her years teaching Punjabi at our school. We are confident that she will provide a smooth transition for students and continue the excellent work happening in the classroom.

Thank you once again for your continued support, trust, and partnership. We look forward to a meaningful and productive month ahead.

Remembrance Day

In honor of Remembrance Day, we pay tribute to those brave individuals who lost their lives in war fighting for freedom. Remembrance Day is observed by countries all over the world on November 11th each year.

At Khalsa School Calgary, we will hold our annual Remembrance Day Ceremony on November 7, 2025. During this assembly, we will delve into the rich Sikh tradition of military service, spanning over 400 years and tracing its roots back to Guru Hargobind Singh Ji. This tradition embodies valor, selflessness, and an unwavering commitment to protect and serve.



As a part of our Remembrance Day commemoration, we encourage you and your child to make a modest donation. Your generosity will go towards supporting national Veteran programs, providing aid to Veterans and their families who have made sacrifices for our peace and security. We kindly request each contribution to be at least \$1.00.

In the words of the Sri Guru Granth Sahib, "*Through selfless service, eternal peace is obtained.*" Let us come together as a community to remember, honor, and serve those who have served us.

Healthy Hunger - Fun Lunch

We continue to offer a monthly Fun Lunch or Fun Snack this year! Our Healthy Hunger vendors are committed to providing vegetarian options and safe preparation and delivery of food items. All lunches will be individually packaged with limited handling and will be delivered to the students' classrooms.

To join in the fun, enter into the Healthy Hunger website at www.healthyhunger.ca and add your child to their new teacher/grade. If you are new to Healthy Hunger, you will need to register your child(ren) through the homepage.

Our next Fun Lunch will be McDonald's on November 13, 2025 for those who ordered.



Science Fair

Khalsa School Calgary will be holding its annual Science Fair from Feb 2nd to Feb 3rd for division II and III students. The selected students from grade 4 to 9 will be showcasing their experimental, research, and innovation projects.

The students' projects will pass through Stage 1 and Stage 2 before they are nominated for the Calgary Youth Science Fair.



Please read through the following information carefully:

- ⇒ **Stage One** - The students will be presenting their science fair project digitally to their respective science teacher in the week of **Jan 19 - Jan 23**. The top five projects will be selected by their teacher to go for further judging. Students who are not present for their science fair presentation will be disqualified from getting an award. If such unfavourable circumstances arise that the student is not able to present during the week of Jan 19 to Jan 23, they will need to make arrangements with their science teacher to present at another time.
- ⇒ **Stage Two** - Top five projects from each class will get judged digitally during the Science Fair scheduled on **Feb 2nd and Feb 3rd**. We will have a team of teachers and volunteers with science backgrounds to judge these projects.
- ⇒ **Stage Three** - The top projects from Grade 5 to 9 will be entered in the **Calgary Youth Science Fair** scheduled on **April 9th to 11th**. Students will make trifolds upon reaching this stage. As we have a limited quota, only four projects can be nominated from grade 5 and 6, and six projects from grade 7 and up. The students will receive guidance from their science teachers in the months of February and March after their selection for the city-wide science fair, and the dates to offer help will be communicated to parents in the second week of February, 2026.

Plagiarism and AI-generated work - All projects that are plagiarised will be **disqualified** from entering CYSF and stage 2 of the judging processes. **We remind students to give proper credit to outside resources used in their projects. Failure to do so will lead to project disqualification. Students will also receive a zero grade for AI-generated or plagiarized work.**

Science Fair Participation - Participation in the science fair is **mandatory** by all students from grades 4-9. If a student is leaving for an extended absence that will extend into the later weeks of January, it is expected that the student complete their science fair project beforehand and submit it to their science teacher prior to the winter break.

Science Fair Safety guidelines - Students are expected to follow safety guidelines that have been communicated by their science teachers when conducting experiments. CYSF has requested science teachers to carefully review and communicate the expectations regarding the Safety, Entry Rules, Ethics and Due Care, and Use of Human Participants before giving approval. **If students are using any of the materials causing concerns of General/ Fire/ Chemical /Electrical / Biological/ Radiation safety, They will need to take permission from CYSF. In such cases students need to inform their science teacher beforehand so that they can guide students through the process to get permission from CYSF if applicable.**

Calgary Youth Science Fair

This event will be held at the University of Calgary and one teacher from division one and one from division three will attend if permitted by CYSF. Please mark your

calendar for some important dates:

February 6 - CYSF Project registration will close

March 4 - CYSF Online Projects must be complete and students will lose access to their projects for editing

April 9 - CYSF Project Set-Up (Trifold set up, no experiment set up)

April 10 - CYSF Judging Day

April 11 - CYSF Medal and Award Ceremony

Please do not hesitate to contact your child's science teacher if you have any questions. Thank you very much for your support in nurturing your child's love for science.

Best wishes,

KSC Science Fair Committee



Gurmat Sangeet classes information:

Your child(ren) can now participate in Gurmat Sangeet classes with string instruments such as, rabab, taus, jori and dilruba. Their mission is to teach children traditional instruments so that they can connect deeply with Gurbani and inspire the next generation to embrace Gurmat Sangeet as an art and a spiritual journey that nurtures discipline and devotion. Please check out the below website for more information about these classes.



<https://gurmatsangeetfoundation.ca/>

Keertan/Tabla update



Harmonium/Keertan

Grades 1-3

Students are learning basic harmonium keys, practicing vocal warm-ups, and singing simple shabads together. Students are excited to play harmonium and are eager to learn the next lesson.

Grades 4-6

Students are working on playing full shabads on harmonium, improving their sur (pitch) through vocal exercises, and learning to sing confidently in groups. They are understanding the correct pronunciation of shabads.

Grades 7-9

Older students are focusing on advanced shabads, strengthening their voice with regular riyaz (practice), and learning complex taals thus improvising and building stronger learning patterns in keertan. They feel motivated and are showing confidence.

Tabla



Grade 1-3

In our music classes, students are learning basic tabla patterns, rhythm exercises, and simple shabads. They are enjoying playing together and building confidence.

Grade 4-6

Students are working on more advanced tabla bols, keeping taal consistently, and practicing group coordination. They are beginning to perform short pieces with confidence.

Grade 7-9

Older students are focusing on complex rhythm cycles, advanced compositions, and working towards confident performance in front of an audience. They are showing great dedication.

Gurupurab Celebration Notice

Please ensure that students are dressed in sikhi color yellow, white or navy-blue bana/suit and wear a navy-blue head cover (dastaar, patka, or chunni) for the upcoming Guru Nanak Dev Ji Gurpurab Celebration on Friday, November 21, 2025, at the Khalsa School Calgary gym.

Important Notes:

- All grades will be performing during Gurpurab Celebration.
- Students will not be allowed to perform if they are not wearing the proper bana as mentioned above.
- Students must remove their socks and store them with their shoes, as socks are not permitted on the Keertan stage to maintain respect.

SEVA Project - Warming Hearts This November

This month, our school community is coming together to support those in need through our SEVA Project. We are collecting warm items for the homeless, including:

- Socks
- Hats
- Mittens

Students will also have the opportunity to write heartfelt messages on cards to accompany these donations, spreading warmth and kindness beyond the items themselves.

Once collected, we will partner with The Mustard Seed (or another local organization) to ensure these items reach the people who need them most.

Let's help make this November a little warmer for everyone!



Cross Country News



The Khalsa School Cross Country Team did a great job this year spanning three different meets around the city. The emphasis for all participants was 'aim for your personal best' which is often echoed in Coach K's PE program.

We are happy to say that most if not all participants gained a sense of accomplishment and improvement over the course of the running season, particularly from the first meet to the final one. Of special note was a personal achievement from one of our grade 7 girls, Keerat Thind, who placed 8th among dozens of competitors in her division, representing 16 different schools. She brought Khalsa School pride to the final meet and came home with our only ribbon of the season. Amazing job Keerit! Awesome job Team, go Lions!

Coach K and Ms. Dhugga



REDS FLASHING...NO PASSING!

It is illegal to pass a school bus when the red lights are flashing.



Fine \$543.00
And
6 Demerit Points!

School Bus Safety... it's everyone's responsibility!



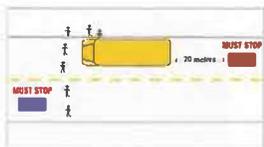
Safety is Our Commitment



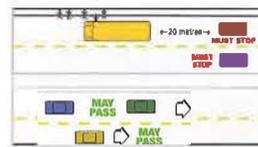
As Motorists, you must drive with extra care when approaching a school bus from either direction. When activated the overhead alternating RED Lights mean only one thing "this bus is loading or unloading children!" Passing the bus when children are loading or unloading is dangerous, illegal and could be deadly. That is why the consequences are so high.

In Alberta, the school bus driver will first signal the motorists that the bus will soon be coming to a stop to load or unload children by activating the **OVERHEAD** alternating **AMBER** lights - then, when the bus stops and the driver opens the bus door, the overhead alternating **RED** lights and the side stop arm are automatically activated.

When a school bus is stopped and the overhead alternating red lights have been activated, traffic from both directions must come to a complete stop and remain stopped until the red lights have been deactivated.



The only exceptions to this law is when a motorist is travelling in the opposite direction on a divided highway:



As parents, please remind your children to be extra careful when getting on and off the bus. Teach them to always obey the driver's directions and watch for traffic approaching the bus from either direction before crossing the road. Also remind your children to follow their school bus driver's directions promptly and courteously at all times and to follow all safety rules and policies implemented by their School Board. This will allow your children's school bus driver to focus their attention on driving the bus, so that your children can be transported to and from school as safely as possible.

Statistics show that most fatalities and injuries to school bus riders occurred during loading and unloading. We thank you for taking time to read this brochure and doing your part in ensuring that the children in Alberta continue to be transported as safely as possible.

The Student Transportation Association of Alberta (STAA) along with stakeholder participation will continue to strive to ensure safe and effective transportation is in place for our children.

www.STAA.ab.ca



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2 Daylight Saving Time Ends	3 Full Uniform	4	5 Guru Nanak Dev Ji No School	6 Picture Retakes (Full Uniform)	7 Bana Day	8
9	10 Non-operational day School closed	11 Remembrance Day - School Closed	12	13	14 Bana Day	15
16	17 Full Uniform	18	19	20	21 Guru Nanak Dev Ji Celebration No Classes	22
23	24 Full Uniform	25 PAC Meeting	26	27	28 Casual Day	29
30						